

with you every step of the way

Primrose News

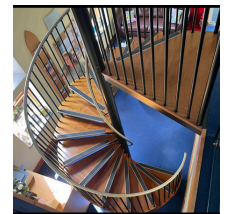
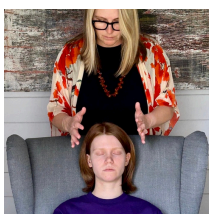
July 2025

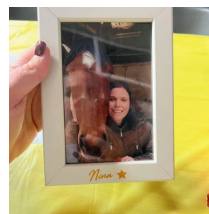
Pink Ribbon Foundation: £25,000 Grant Awarded



The wonderful team at The Pink Ribbon Foundation have awarded The Primrose Centre one of its special 25th birthday grants. £25,000 has been given to us to fund our mezzanine accessibility project.

Our application for the birthday grant was made to fund the Mezzanine Accessibility project. We are taking out the spiral staircase and replacing it with a small platform lift and a more accessible wooden staircase. This will allow access to our visitors with mobility issues and those who cannot do stairs. Opening up the Centre in this way gives access to all our classes and sessions and may even allow us to hire out the space to community partners. This will give us a very valuable source of income for the future. We are so thankful to the Pink Ribbon Foundation for believing in us and sharing the vision we have for the Primrose Centre. We will be closed while the building works happen; from Friday 29th August and we will reopen on Monday 8th September.





Hello Summer!

It's lovely to be able to write this sitting in the sunshine with the windows and doors open! The Primrose Centre continues to be a hive of activity and we have seen yet another increase in the number of new visitors coming to register with us. We're doing our very best to be here for everyone. Currently, we are prioritising those in active treatment for our 1:1 treatments. We are seeing everyone, just maybe not as often! Please do be understanding of this with our reception team. And we're wishing our amazing Jette a very Happy 80th Birthday this month!

With much love

Jo & the Primrose Centre Team

Coolings Nursery Tour & Cream Tea



A group of Primrose supporters headed off to Coolings recently for a behind the scenes nursery tour. It was fascinating seeing how it works in their on site nursery; from seedlings to potting and plants to

hanging baskets. Thank you everyone involved for a great afternoon and delicious cream tea at Arthur's afterwards. We raised £100 too!

NEW! Hot Stones & Facial Massage

New Class News! We're delighted to welcome Kirsty Manik to the therapist team. Kirsty will be with us on Monday mornings offering Hot Stone Massage and Facial Massage to visitors. Please check with reception for availability and suitability.



BBC Radio Kent Interview



If you didn't catch our interview on BBC Radio Kent, you can catch up on the BBC App or find it posted on our Facebook page. Dominic King took time out in his breakfast show to chat with Jo about The Primrose Centre, our mission, our visitors and our founder Mary.

Contact Us

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Pink Ribbon 25th Birthday Film



The Pink Ribbon Foundation Film had it's premiere in May and Jo was lucky enough to be invited to the opening night! It was a real honour to be part of such a wonderful evening, celebrating all the fabulous people who

make the Foundation what it is. It was inspiring to listen to the other charities involved and hear about the work they do to support breast cancer patients all over the country. We all looked very professional in our bit of the film! The link to the film can be found on our website or on Facebook.

Holly's Fabulous Quiz Night

The talented, Holly Doye, organised yet another Quiz Night to raise funds for us and in memory of her lovely Mum, Nina. With an amazing amount of £1,500 raised on the night. Well Done Holly!



London Marathon 2026



Meet Charlie Palmer-Cogan - our very first London Marathon 2026 runner! Charlie was chosen from six applicants in May, to run on our behalf next April. We're excited to see his progress and we will be catching up on his training over the next few months.

Our second place is up for grabs in July - all details of how and when to apply can be found on our Facebook page or on Instagram. Congratulations Charlie and Good Luck!

Thanks to our local supporters

The British Queen, Locksbottom
Belmont Dry Cleaners, Chislehurst
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M&S, Bromley
Bridge Security, Bromley
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