



The  
Primrose  
Centre

Supporting those with breast cancer

# Primrose News

Summer 2018

## Councillor Ian Payne



Councillor Ian Payne, Mary Spinks, Debbie Lock

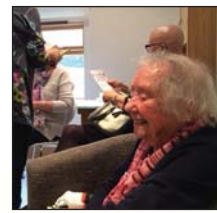
At the end of his term as Councillor for Chislehurst Ian Payne visited the Primrose Centre to donate £3,000 being part of his charity fund raised during his year as Mayor of Bromley. The charity is so grateful to be one of the recipients sharing with the Salvation Army.

Ian retired from politics at the local elections in May and moved to Chatham to work full time as a Major in the Salvation Army which for Ian has been a big part of his life for a long time.

We wish Ian well for the future and emphasise how grateful the charity is for his recognition of what we do.

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## Primrose News



## Welcome to the Primrose News Summer 2018

### Dear Supporter

Having broken my wrist on the ice in March and in plaster for eight weeks it is now very much catch up time.

The past three months have seen very busy times at the Primrose Centre and the response from visitors how much they appreciate our support is so rewarding.

The centre continues to thrive whilst not much seems to change on a daily basis casting an eye over the appointments makes one realise we have a whole new set of visitors since our last Primrose News three months ago.

We have received some wonderfully generous donations which is great news. An offer to fund the update of our computers came as a wonderful surprise and was graciously accepted – a huge thank you to the donor.

A donation of £500 plus gift aid to sponsor our refreshments including coffee mornings is fantastic, whether it is lemon water or Nespresso, all guaranteed for a year. A really generous thoughtful gift.

As I write I want to acknowledge my fellow trustees, John Watkinson, Susan Beecher and Maria Velasco without their encouragement, support, advice and time we would not exist!

Kind regards,

*Mary Spinks*

Mary Spinks, Chief Executive

## Fundraising

### Charity Gala Dinner 2018

Ian and I hosted over one hundred guests for a 'Night at the Movies' themed event.

The evening began with a fizz reception, delicious three course dinner and fabulous disco.

A very gorgeous Captain Jack Sparrow came to mingle and chat at the pre-dinner drinks – what a treat.

The extra fundraising events throughout the evening included a photo booth, raffle and great auction prizes.

A brilliant night of fizz, friendship and fun which raised £2,823 for the Primrose Centre.

– Jo Gallier



### Claire Lowes Coffee Morning

Claire organised an amazing coffee morning at home telling me she had no idea who would turn up! It must have been a huge surprise when so many people came raising a total of £570.

Her Mum could not be there but driven on by Claire's success the following week she held her own event raising £150.

Claire thought it was a pretty simple idea but clearly her Mum and so many friends wanted to support her and the charity.

Claire now has been given a mission to sell the idea to others.





## Cream Teas in the Garden

Once again blessed with a beautiful summer's afternoon the garden was soon full to bursting! Just over 150 guests arrived to support this, our 15th Cream Teas for The Primrose Centre.

The girls were soon busy with teas and with the warm sunshine guests returned for refills! We never fail to appreciate the generosity of those who support us, so many returning time and time again and Claire, Geraldine, Charlie, Andy, Sandra, Gill and Sue all had busy stalls.

Once again Lynda happily arranged the matched funding from Barclays and she, together with friend Sarah, sold the raffle tickets. As always we were delighted to be able to give Mary a cheque for £3,632.50. This, together with the £1,000 from Barclays, means a total donation of £4,632,50 – all from such an enjoyable and fun filled afternoon in the garden!

*Ted and Maureen Williams*



## Pink Ribbon Foundation

It is so wonderful to get the recognition for what we do when awarded with a grant of £5,000 from the Pink Ribbon Foundation.

The grant is to help those visitors with Lymphodema. Every year we get increased demand for Lymphodema drainage and this wonderful grant helps us to make it possible to meet the need.



## Bag Packing at M&S Bromley



With Easter approaching very quickly we were back in the M&S store Bromley to pack more bags, this time for Easter with wonderful seasonal food and flowers.

Our volunteers come highly organised now, many claiming the same slot each time!

We are very grateful to the store for welcoming us back this time raising the amazing sum of £1,273 making a real difference for those who seek the charity's support.

## Colours of Life Charity Gala

The Charity Gala was a wonderfully organised event by Claire Crockell, Nicky Fenlon and Vicky Deppe to raise funds for three cancer charities which help Nina, their close friend. The Primrose Centre was delighted to be included in the three. Caroline, Claire's daughter put together an amazing performance featuring musical theatre stars for all to enjoy.

Auctions and raffles raised lots of money. 'Nina's Note' (written by Nina Doye) helped people to understand how the three charities involved help cancer patients carry on their lives after a devastating diagnosis of cancer. The organisers visited the centre and presented Mary with a cheque for £470 for which we are so grateful.





## M&S Nugent Park, Orpington

Six staff came to the centre for a day in June as part of the company's 'Making Every Moment Special' theme, supporting the community by volunteering time to support local charities.

The charity had identified the need for some extra pairs of hands in the garden – so they set to work happily. We had the gates and railings cleaned, digging done and the drive weed free. The results of their work is truly lovely.

Time ran out to paint 'Teds Shed' in its customary black, a message has gone to Tufail Ahmed, Store Manager that we have saved that job for him!

Thank you to everyone who took part, we intend buying a wooden table to go with our benches in the garden with part of the funding of £500 allocated by the business to support the day.



## Bromley High School Afternoon Tea

Parents and Grandparents were welcomed to a delicious Afternoon Tea at Bromley High Junior School, where the proceeds of £200 was donated to the Primrose Centre.

## Henrietta's Fund

Wendy, Thelma, Debbie and Alison came to the centre to gift a cheque of £2,000 in the name of Henrietta a very special member of staff in Marks & Spencer, Bromley store and we were so delighted to accept this gift.

## Future Events

Bag packing at M&S Bromley  
Saturday 25th August

Sponsored Fun Walk at High Elms  
Saturday 8th and Sunday 9th September

Details on our web site or [info@primrosecentre.co.uk](mailto:info@primrosecentre.co.uk)

Charity Golf Day at Chislehurst Golf Club  
Friday 14th September

Details on our web site or [info@primrosecentre.co.uk](mailto:info@primrosecentre.co.uk)

## Primrose Centre Coffee Mornings

All welcome to our coffee mornings held at the centre at 11am on the following dates:

Thursday 9th August

Thursday 13th September

Thursday 11th October

Thursday 8th November

Thursday 13th December

## Local businesses who continue to support the Primrose Centre

ANDREW CROSS & CO – Accountants

BELMONT CLEANERS – Chislehurst

CLAUS HAIRDRESSERS – Bickley

COOLING'S NURSERY – Knockholt

eTraining Ltd – Bromley

JDM ESTATE AGENTS

LEA PRINTERS – Orpington

MARKS & SPENCER – Bromley

MARKS & SPENCER – Orpington

MARKS & SPENCER PLC

MMW – Bromley (bespoke furniture)

MPXAM – Website

REDMAYNE-BENTLEY – Stockbrokers

THACKRAY WILLIAMS LLP – Bromley

WAITROSE



## We Need Your Support

Each visitor we help through a series of therapies costs the charity £250 so we need the support of visitors, friends, families and organisations who appreciate what we do.

Donations can be made by cheque, cash, direct

debit or credit card using [www.bt.com/mydonate](http://www.bt.com/mydonate)



## Contact Us

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